FROM ONE-PERSON TO TWO-PERSON PSYCHOLOGY

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I. Overview of Classical Theory

A. The drive/structure model
B. Repression model of the unconscious
C. Topographical Model versus Structural Model of the mind
D. Key concepts from a Classical perspective: transference, countertransference, resistance, neutrality, anonymity, conflict
E. Infantile sexuality and psychosexual stages of development
F. The Oedipus Complex
G. Dream Interpretation


II. Introduction to the Interpersonal School of Psychoanalysis

A. Origins and history of the Interpersonal School
B. Basic tenets of Interpersonal Psychoanalysis
C. Role of metapsychology in Interpersonal Theory


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III. The Theories and Clinical Approaches of Harry Stack Sullivan

A. Understanding anxiety as an interpersonal event
B. The self-system
C. The detailed inquiry: omission versus repression
C. Transference versus the parataxic mode of experience
D. The concept of participant observation
E. The influence of Pragmatism and the emphasis on operationalism
F. Classical drive theory versus Sullivanian theory


IV. Erich Fromm: Theoretical Approaches

A. Humanistic and Existential Orientation
   1. The emphasis on authentic selfhood
   2. The existential angst of aloneness as a core issue for human beings
B. Fromm’s concept of the unconscious vs. Classical theory of the unconscious
C. The depth of human passions (socially vs. biologically determined)
D. Fromm’s theory of character types
E. Rational authority vs. irrational authority
F. Fromm vs. Freud, and Fromm vs. Sullivan
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V. Erich Fromm: Clinical Approaches

A. Fromm’s views of free association

B. Role of direct confrontation

C. Use of colorful language and imaginative metaphor

D. Fromm’s approach versus Classical approach to psychoanalysis


VI. Erich Fromm: Understanding Dreams

A. Fromm’s approaches to understanding the symbolic language of dreams versus Freud’s approaches to dream interpretation

B. Dreams as expressions of irrational desires versus dreams as expressions of deep insights

C. Dreams as concealing versus dreams as revealing
VII. The Theories and Clinical Approaches of Karen Horney

A. Horney vs. biologically-based drive theory

B. Basic anxiety and the basic conflict

C. Horney’s views on neurosis

D. Transference: past vs. present

E. Clinical approaches of Horney


VIII. Karen Horney: Feminine Psychology

A. Freud’s biological orientation versus Horney’s cultural orientation

B. Contemporary implications


IX. The Views of Clara Thompson

A. Feminine psychology

B. Repression vs. dissociation

D. Resistance and Transference


X. The Views of Frieda Fromm-Reichmann, and Review of Course

A. Interpretation vs. confrontation

C. Dissociation-based model of the unconscious vs. repression-based model of the unconscious

D. The dynamics of anxiety
