Countertransference and Modes of Therapeutic Action
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Manhattan Institute for Psychoanalysis- Third Trimester 2016, 8:30-10 pm
Location: Office of Julie Hyman, 501 Fifth Ave, Suite 814

Course Overview: This clinical seminar provides an overview of the concept of countertransference and how it has been used by psychoanalysts of various theoretical schools, highlighting similarities and differences among them. We will also focus more specifically on modes of therapeutic action related to countertransference, including projective identification, self-disclosure and enactment. Presentations of case process by the candidates will be utilized to illustrate concepts and to begin to help class members focus in on their countertransferential reactions when listening to clinical material.

Week I: Introduction. From a one-person to a two-person notion of countertransference.
Readings:
Aron, L., & Harris, A. (2010). Sandor Ferenczi: Discovery and Rediscovery. Psychoanalytic Perspectives, 7:5-42. (This reading is quite long; definitely read the section on Ferenczi’s Clinical theory and contributions to technique, up to Criticism’s of Ferenczi’s techniques)

Week II: Classical Psychoanalysis
Readings:

Week III: Early Humanists and Interpersonalists
Readings:

Week IV: Interpersonal Theory
Readings:

**Week V: Self Psychology**

**Readings:**


**Week VI: British Object Relations Theory - Projective Identification**

**Readings:**


**Week VII: Relational Psychoanalysis**

**Readings:**


**Week VIII: Self-Disclosure**

**Readings:**


**Week IX: Enactments**

**Readings:**


**Week X: Comparisons and Summary**

**Readings:**
